

UNITED STATES MARINE CORPS

OFFICER CANDIDATES SCHOOL TRAINING COMMAND 2189 ELROD AVENUE QUANTICO VA 22134-5033

> 1000 OCS 10 Nov 24

From: Commanding Officer, Officer Candidates School

To: Officer Candidates Class 248

Subj: OFFICER CANDIDATES CLASS 248 PRE-SHIP PREPARATION LETTER

Ref (a) MCO 1020.34H

(b) MARADMIN 117/16

(c) MARADMIN 204/15

(d) DoD 7000.14R

(e) MCBUL 10120 FY-24

(f) MCB Quantico Order 8000.1A

(g) OPNAVIST 5370.2E

(h) Marine Corps Manual paragraph 1100.4

(i) MARADMIN 215/24

(j) MCO 1730.9

(k) DoDI 1300.17

Encl: (1) IPAC/OCS Candidate Screening

- (2) SF 1199A (Direct Deposit Sign-up Form)
- (3) Officer Candidates Pre-Ship Checklist
- (4) Map to Officer Candidates School
- (5) Gear List (All Components)
- (6) Special Gear List: Enlisted to Officer
- (7) Special Gear List: Naval Reserve Officer Training Corps
- (8) Suggested Gear List: Additional Products Recommended for Female Candidates
- 1. <u>Background</u>. The mission of Officer Candidates School (OCS) is to educate and train officer candidates in Marine Corps knowledge and skills within a controlled and challenging environment in order to evaluate and screen individuals for the leadership, moral, mental, and physical qualities required for commissioning as a Marine Corps officer.
- 2. <u>Purpose</u>. This letter, in accordance with references (a) through (k), and the OCS Website, are an aid to all those involved in the preparation of officer candidates for Officer Candidates Class 248 (OCC-248).
- 3. <u>Preparation</u>. It is expected that candidates thoroughly read and understand this document. In order to best prepare candidates for induction into training Officer Selection Officers (OSOs), Marine Officer Instructors (MOIs), and Officer Mentors should review this document with each Candidate. It is imperative that each officer candidate utilize all resources available to prepare for the rigors of OCS and ensure they are physically, mentally, and spiritually prepared. As a

candidate you are expected to arrive in peak physical condition with your personal affairs in order. This letter, along with the OCS website contains important information and responses to questions frequently asked by officer candidates. The website also includes a physical training preparation guide, candidate regulations, academic resources, and other preparation tips to aid before your arrival. The OCS website can be viewed at the address below: https://www.ocs.marines.mil/

4. Class Date

| Class | Report Date | Graduation Date |
|---------|-----------------|-----------------|
| OCC-248 | 12 January 2025 | 22 March 2025 |

- 5. <u>Common Preparation Issues</u>. Candidates who are disenrolled early in the training cycle disclose similar issues regarding their physical, mental, and spiritual preparation. Common physical preparation issues include not meeting OCS physical fitness induction standards and not disclosing preexisting injuries to your OSO, MOI, or parent command prior to shipping. It is highly recommended that you use the resources available on the OCS website to physically prepare. Ensure that your personal affairs are in order prior to shipping so you can focus on training and your ability to succeed.
- 6. <u>Transportation</u>. Candidates are authorized to travel via Privately Owned Vehicle (POV), airline flight into **Ronald Reagan Washington National Airport (DCA)**, or drop off (rideshare, OSO etc.). Officer candidates must collect and retain all travel receipts to and from OCS, as they will file a travel claim for reimbursement at either The Basic School (TBS), their Officer Selection Station, Naval Reserve Officer Training Corps (NROTC) unit, or parent command upon their return. Afternoon and evening chow will be provided to candidates on the day of their arrival.
- a. <u>Privately Owned Vehicles</u>. Any candidate that elects to travel via POV only rates one day of travel per diem. Any additional cost will not be reimbursed. Officer candidates driving POVs will arrive at OCS on Marine Corps Base Quantico (MCBQ), between the hours of 1000 and 1900 on the report date in appropriate civilian attire. Officer candidates who arrive before 1000 will be instructed to report back during the designated arrival window. Officer candidates that arrive after 1900 may be considered for induction at the discretion of the Commanding Officer (CO), OCS. All drivers must arrive with a valid driver's license, current vehicle registration, and proof of insurance to gain access to MCBQ. Vehicle inspections shall be completed by the candidate's OSO/MOI or parent command prior to departure to OCS. At no time will recreational vehicles be allowed on Brown Field. All officer candidates arriving via POV are encouraged to arrive the day prior and stay at a hotel in the local area. Traffic on Interstate 95 is unpredictable and can cause significant delays.
- b. Arrival Flight Information. Officer candidates are encouraged to schedule the earliest flight available from the nearest major airport in order to mitigate any delays. Candidates' flights must arrive and be checked-in with the Marine Liaison Team at Ronald Reagan Washington National Airport (DCA) prior to 1900 on the report date listed above. The Marine Liaison Team at DCA will be in the Blue Dress "C" uniform and will greet candidates at DCA's Historic

Lobby adjacent to the United Service Organizations (USO) in Terminal A beginning at 1100. Officer candidates will be directed to the OCS busses outside the DCA airport for transportation to the reception site aboard Brown Field. Any candidate that arrives at DCA after 1900 may be directed to utilize rideshare or taxi at their own expense, but this expense will be reimbursed upon travel claim settlement.

- c. <u>Travel Delays</u>. If a weather emergency causes a significant amount of inbound travel to be delayed or cancelled, OCS will disseminate alternate reporting requirements via the Marine Corps Recruiting Command (MCRC) Liaison (LNO) as far out from the arrival window as possible. If an officer candidate's travel is delayed past 1900 or cancelled for any reason, they must contact the OCS Officer of the Day (OOD). Officer candidates will resume their travel upon the next available opportunity and maintain communication with the OCS OOD until their arrival. The OCS OOD contact numbers are, 540-419-5210 or 571-481-8952. Officer candidates that arrive after 1900 will be considered for induction at the discretion of the Commanding Officer (CO), OCS on a case-by-case basis. Keeping the OOD informed on your travel delays allows the CO, OCS to make an informed decision on your induction into training.
- d. <u>Departing Flight Information</u>. Candidates who are designated to commission after graduating OCS, will report to TBS immediately following OCS graduation. These candidates do not need roundtrip tickets. Enlisted to Officer (E to O), candidates on temporary additional duty (TAD) orders, and all other officer candidates must have roundtrip tickets prior to their arrival at OCS with their return flights scheduled for departure after 1800 on graduation day.
- 7. Check-in Procedures. Upon arrival to either of the reception sites, candidates will proceed to the accountability area where they will check-in and be directed (or transported) to the marshalling area for processing. All candidates must arrive in appropriate civilian attire [i.e. business casual; slacks with a belt if applicable (no denim jeans or sweats), a collared shirt or blouse, and business casual shoes. Sandals, flats, heels, boots, and running shoes are not authorized]. Male candidates will arrive clean shaven with no facial hair. Female candidates will arrive with their hair within Marine Corps standard per reference (a). Upon arrival, candidates will call home to let a family member or friend know that they have arrived safely at OCS. Officer candidates that have transportation issues or who are unable to meet the check-in deadline must call the OCS OOD, as well as their respective OSO, NROTC unit, or parent command.
- 8. <u>Urinalysis</u>. All officer candidates are required to submit to a urinalysis test upon their arrival at OCS. Officer candidates who refuse to consent to testing will be disenrolled. Any officer candidate whose urinalysis confirms the presence of illicit drugs will be processed for disenrollment.
- 9. <u>Height and Weight</u>. All candidates are expected to arrive within Marine Corps height and weight standards. An initial height and weight will be conducted during In-Processing for all candidates regardless of their component. Any candidate who is out of height and weight standards in accordance with MCO 6110.3A change-3 may be disenrolled at the discretion of the CO, OCS.

- 10. Required Items. Enclosure (5) contains a list of required gear for ALL candidates regardless of their component. Items listed in Enclosure (5) must fit in a carry-on sized bag, which will be stored in the platoon's gear locker upon arrival. Any bag larger than a carry-on will be inventoried and stored in the OCS supply warehouse until graduation or disenrollment. Enclosure (6) contains a list of additional items for prior enlisted candidates. Enclosure (7) contains a list of items for NROTC Candidates. Items listed in Enclosure (6) and Enclosure (7) must fit in an issued sea bag.
- a. Money. Officer candidates will only use cash, debit, or credit cards for the purchase of their bag issue, weekly haircuts (male candidates only), and exchange visits. The minimum amount of gear required to induct into training will cost \$378.00. Candidates are encouraged to have no less than \$550.00 of available funds to support the minimum required gear to induct into training and weekly exchange visits. OCS will not lend money or apply checkage for a candidate's bag issue or other required costs. Officer candidates arriving without the required funds may be disenrolled if the CO, OCS deems them financially incapable of meeting the initial procurement requirements to commence training. OSOs, MOIs, and parent commands are responsible for ensuring that candidates have available funds prior to shipping to OCS. Additionally, it is recommended that candidates coordinate with their banks that they are traveling to prevent transactions declining at cash sales.
- 11. <u>Medical</u>. OCS Medical will conduct a screening of all candidates prior to induction into training. It is imperative that all current candidate commissioning physicals are included in the medical record prior to check-in at OCS. Additionally, candidates that fall under the outlined commissioning programs must have the appropriate documentation in their medical record.
- a. <u>Medical Records</u>. All candidates, regardless of their program, must ensure that all required documentation is accurate and listed in Military Health System (MHS) Genesis. Candidates without access to MHS GENESIS must have their medical record forwarded to MCRC LNO no later than 30 days prior to shipping. The address for the MCRC LNO is 2189 Elrod Ave, Quantico, VA 22134.
- (1) <u>Dental Evaluation</u>. Copies of current (within one year) dental evaluations are to be included in the medical record. Do not send dental records. Officer candidates that require dental services may be medically disqualified during in-processing or during the training cycle as there will be no dental services available. All dental surgeries must occur a minimum of 21 days prior to reporting to OCS.
- (2) <u>Immunization Records</u>. Current immunization records are required. Medical restrictions prevent candidates from receiving more than five immunizations over a short period of time. Officer candidates with outdated/missing immunizations may be medically disqualified during in-processing if they are unable to receive the required immunizations. At a minimum, candidates must have had their childhood immunizations (MMR, Varicella, HIB, DTAP, and HEPB). Shot records should be signed by a licensed medical professional and be included in the officer candidate's medical record.
 - (3) Medications. Officer candidates are allowed to bring required medications, to include

vitamins, but must have written authorization from their physician stating why they are required during training. During medical in-processing, candidates must disclose these medications or vitamins. OCS Medical must approve these medications for candidate use during the training cycle. Due to the nature of the training environment at OCS, the use of patch or cream-style medications is discouraged.

- (4) <u>Birth Control</u>. Candidates who are currently taking oral contraceptives must bring their medication with them during in-processing for documentation into their record. After medications have been reconciled, candidates will continue prescribed contraceptives as directed by providers. If a candidate is using an intra-uterine device (IUD) or implantable long-acting removable contraceptive (LARC), the IUD/LARC will have to remain in place for the duration of the training cycle. The IUD/LARC is required to be in place for at least two weeks prior to arrival at OCS.
- (5) <u>Aviation Contracts</u>. Candidates who anticipate commissioning upon completion of OCS must have their aviation-related physicals and medical follow-ups completed prior to arriving at OCS. The Bradley Branch Health Clinic is not staffed with a flight surgeon or specialty providers to assist with the completion of flight physicals. All flight physical issues must be resolved prior to arriving at OCS and concerns must be addressed to the Head of Officer Programs, MCRC.
- (6) Eyeglasses. Candidates who wear glasses will bring a minimum of one pair of brown or black framed glasses with them for training. Candidates are not authorized to wear transition lenses. It is recommended to bring at least one non-eccentric head strap to keep glasses tight on the head during physical training at in-processing. If possible, prior service and prior OCS attendees should bring their military-issued glasses to streamline the issue process, two pairs are recommended. Officer candidates will not arrive at OCS wearing contact lenses, nor will they wear contact lenses at any time while at OCS. OCS Medical will issue military eyeglasses within three weeks of arrival, depending on the complexity of the prescription. To receive military-issued eyeglasses, candidates must hand-carry their current prescription (within one year), or they can wear/take their current eyeglasses to allow for optometry to scan the prescription. OCS Medical will not process faxed-in prescriptions.
- (a). Eye Surgery. Officer candidates who have undergone any eye surgery must be at least 180 days post-operation prior to reporting to OCS. Their medical records must also include all post-surgical follow-ups regardless of when the surgery took place. Documentation must state that the candidate is free of any post-surgical complications, demonstrates vision stability, and does not require use of ophthalmic medications or treatments.
- (7) Changes to Health After Completion of the Pre-Ship Checklist. Officer candidates shall not depart for OCS if acutely ill or injured. Officer candidates must notify their OSOs, NROTC unit, or parent command of any changes to their health. OSOs must notify the assigned district corpsmen of any new medical issues. NROTC units and parent commands must notify MCRC of any changes to a candidate's health. Significant medical conditions that have developed before or after enrollment must be included in the officer candidate's medical record even if the Bureau of Medicine has granted a waiver.

- (8) NROTC, OCC, and Platoon Leaders Class (PLC). All Navy Medicine (NAVMED) 6120/3 (annual certificate of physical condition) will be used by OCC and PLC officer candidates, while NROTC officer candidates will use the Naval Service Training Command 1533-107 form. The respective forms must be completed every year after the initial commissioning physical, including a current certificate (within one year). The NAVMED 6120/3 must be signed by the appropriate administrative personnel in the unit. An initial commissioning physical will be considered invalid if there is a lapse in the completion of required annual certificates. If there is a gap in the annual certificates, a new physical will need to be completed prior to arriving at OCS. Any missing documentation or gaps in an officer candidate's medical history may result in the officer candidate being not physically qualified to begin training.
- (9) Active Duty and Selected Reserve Officer Candidates. Active duty and Selected Reserve officer candidates must possess completed and current (within one year) Periodic Health Assessments.
- 12. <u>Administration</u>. MCBQ Installation Personnel Administrative Center (IPAC), Student Personnel Section is responsible for all administrative matters pertaining to the pay and entitlements of officer candidates; **except NROTC**.
- a. E to O Entitlements. E to O candidates do not rate per diem or lodging while at OCS. Therefore, they are unable to file 30-day travel vouchers and settle their outstanding Government Travel Charge Card charges until they return to their parent command. Ensure that variation of itinerary is authorized in the event the candidate is disenrolled prior to graduation. Officer candidates reporting via Defense Travel System (DTS) will be placed on partial payments in a mission-critical status. E to O candidates will provide a full copy of their DTS travel claim, including DD Form 1610 and the itemized printout of the daily cost. While enrolled at OCS, E to O officer candidates will receive the discounted meal rate (DMR). Parent commands should also be aware that a DMR deduction will be started and run via unit diary entry while assigned to OCS. Meals and lodging are directed and provided for the officer candidate. E to O candidates are encouraged to read references (d) and (e) for additional information on entitlements.
- b. NROTC Entitlements. All NROTC candidate pay will be exclusively handled by their respective NROTC units. NROTC officer candidates must ensure they have coordinated with, and have reliable points of contact for, the appropriate NROTC support personnel prior to their departure to OCS. NROTC officer candidates need to understand how they will be paid, whether they attend a six or 10-week training cycle. This is done through the Navy until they graduate OCS, access into the Marine Corps, and are joined at TBS.
- c. <u>Prior Service Orders</u>. Parent commands are responsible for producing TAD orders for all E to O candidates. All selectees are instructed not to break their domicile leases, move their dependents or household goods to Quantico, or initiate departures from base housing. Candidates who are authorized Basic Allowance for Housing (BAH) at their present command will continue to receive BAH at their current duty station rates.

- (1) Upon completion of OCS, MECEP and MCP-R candidates will return to their parent command to execute Permanent Change of Station (PCS) or Permanent Change of Assignment (PCA) orders to their assigned NROTC units as outlined in reference (j).
- (2) Upon completion of OCS, ECP and Reserve ECP (RECP) candidates will commission and return to their units. PCS orders will be hand delivered by MCRC to the officer candidate prior to departing OCS. They will coordinate their PCS moves with their local Distribution Management Office and execute orders to TBS.
- (3) MECEP, ECP, RECP, and MCP-R selectees who have questions should contact Officer Naval/Enlisted Programs (ON/E) at 703-784-9443 or DSN 278-9443.
- (4) If an officer candidate's family member(s) is staying at an address other than the candidate's home of record, e.g. parents/in-laws, the officer candidate should provide that address to OCS during in-processing. All officer candidates with dependents will be required to provide a valid rental/lease or mortgage agreement to receive BAH during OCS, in accordance with reference (d).
- d. Fitness Reports. A candidate's parent command is responsible for providing them a Temporary Duty (TD) report before reporting to OCS. MECEP officer candidates who are Sergeants and above will receive non-observed From Temporary Duty (FD) fitness reports upon completion or disenrollment. ECP candidates who are active or reserve will receive Grade Change (GC) reports when departing OCS as Second Lieutenants back to their parent command. Any prior service candidate who is no longer interested in the program must formally disenroll before checking into OCS. Prior service candidates who are disenrolled by the CO, OCS for unsatisfactory conduct or as a result of a Drop on Request will receive a "not observed" adverse report in accordance with Marine Corps Order 1610.7B Chapter 5, paragraph 6.f.(6), "Comments pertaining to the MRO's drop from, or failure at, a school because of the MRO's unwillingness to try, cavalier attitude, or unprofessional conduct."
- e. <u>IPAC Checklist</u>. Each officer candidate will hand-carry a manila envelope labeled in the top right corner with their last name, first name, and middle initial. No medical information should be contained in this envelope. A full list of required documentation can be found in enclosure (1) and should be included in this envelope. MCBQ IPAC Student Branch will only accept documentation listed below and in enclosure (1). Below is additional information to assist in filling out forms:
 - (1) Two copies of the officer candidate's orders (you will turn one into IPAC).
- (2) Two copies of completed enclosure (2), direct deposit sign-up form, for a current savings and/or checking account with a voided check or deposit slip for verification of electronic funds transfer information. OCS recommends this form be filled out electronically by the candidate's financial institution to prevent pay issues (not required for active duty or reservists unless updates are needed). All candidates, regardless of their component, are required to bring the direct deposit form.

- (3) Two certified true copies of the officer candidate's birth certificate and two photocopies of their social security card.
- (4) <u>Special Circumstances</u>. The following are documents required for officer candidates in special cases:
- (a) Officer candidates with dependents must bring documentation for all dependents including certified true copies of birth certificates for spouses and all children. Birth verification letters (with footprints) will be accepted for newborns (not required for active duty unless information needs to be updated).
- (b) All married candidates must provide a certified true copy of a marriage license, or marriage certificate, as well as the receipt that shows they paid for the license. If the candidate's spouse changed their name following the marriage, a copy of their social security card should be included to accurately show the current full name (not required for active duty unless information needs to be updated). A photocopy of a valid state-issued driver's license or social security card with spouse's name change is required to change an officer candidate's spouse's name in Marine Corps Total Force System (MCTFS).
- (c) All single reserve component officer candidates will ensure that their primary residence is established and current in MCTFS in accordance with reference (c).
- (d) Candidates who are prior military service members and candidates who are married to current or prior military service members must bring four copies of the service member's DD Form 214. Officer candidates must provide their active-duty spouse's social security number and current unit information (unit address, Monitor Command Code, Unit Identification Code).
- 13. <u>Candidate Mail</u>. Officer candidates will be allowed to write home to provide their company and platoon information. Additionally, families are encouraged to visit the official OCS website https://www.ocs.marines.mil/ or the official OCS Facebook page at www.facebook.com/usmcocs/ for more information. Candidates will only use the United States Postal Service (USPS) for packages. The mailing address for officer candidates is:

| Candidate Last Name, First Name MI. | Company, _ | Platoon |
|--|------------|---------|
| Officer Candidates School | | |
| 2189 Elrod Avenue Quantico, Virginia 2 | 2134-5033 | |

- a. <u>Non-USPS Packages</u>. All non-USPS packages that are sent to OCS will not be signed for and will be returned to the carrier facility. OCS is not responsible for packages delivered via non-USPS methods. There is no guarantee what level of liberty candidates may receive. Liberty is granted at the discretion of the CO, OCS.
- 14. <u>Religious Services</u>. Candidates maintain their right to the free exercise of religion so long as those requirements do not adversely impact military readiness, unit cohesion, and good order and discipline. Candidates will have weekly opportunities to attend to their spiritual needs

during their time at OCS. Once on Brown Field, candidates will have the right to attend divine services of one's faith, and to reasonably partake in one's religious practices within the scope authorized by military directives per scheduled training dates and times.

- a. <u>Religious Accommodations</u>. Candidates requesting religious accommodations must do so in accordance with paragraph 4a of reference (j) and must have the request processed by Manpower and Reserve Affairs prior to inducting into training at OCS. All requests must be submitted in writing to the CO, OCS no later 30 days prior to shipping.
- b. <u>Faith Based Meal Accommodations</u>. OCS dining facilities are unable to provide meals that meet all religious dietary restrictions (e.g., kosher, halal, vegetarian, etc.). When Meals Ready-to-Eat (MRE) are issued to candidates for field evolutions, kosher and halal MREs are available in lieu of the standard MRE. Officer candidates should request these via the OCS Chaplain's Religious Needs Assessment disseminated during in-processing.
- (1) All requests for faith-based meal accommodations must be annotated on the candidate's pre-ship checklist.
- (2) Region recruiting commands are required to forward a roster of candidates requesting faith-based meals to OCS via Officer Procurement Operations no later than 30 days prior to the candidate's reporting day.
- c. <u>Religious Items</u>. Candidates may bring personal religious items in accordance with reference (k). Such items will be stowed in footlockers with other personal effects. Subject to temporary revocation due to training requirements, candidates may wear religious apparel items as follows:
- (1) Articles of religious apparel which are not visible or apparent when worn with the uniform.
- (2) Visible articles of religious apparel with the uniform while attending religious services.
- 15. <u>Contraband</u>. The following items are not authorized aboard Brown Field. Candidates found in possession of the following will face possible disenrollment:
- a. <u>Study Guides</u>. To eliminate any possible situations which could place a candidate's integrity into question, any study material, aside from what OCS provides candidates, is contraband. Upon arrival, OCS provides each candidate with a knowledge binder containing the study material necessary for success at OCS.
- b. <u>Weapons</u>. Officer candidates will not transport personal weapons (knives, firearms, ammunition, etc.) to OCS. Per reference (f), weapons will not be stored in an officer candidate's vehicle.

- c. <u>Dietary Supplements</u>. Dietary supplements, such as pre-workout, protein powder, anything containing caffeine or stimulants are contraband and are not allowed on Brown Field. Candidates are authorized to possess (10) "on-the-go" packets of Liquid IV or Drip Drop in powdered form.
- d. <u>Tobacco Products/Electronic Cigarettes</u>. The possession or use of any tobacco products is prohibited for candidates on Brown Field. This includes the use of electronic cigarettes/vaping, regardless of their tobacco or nicotine content (or lack thereof). Officer candidates who report to OCS with tobacco or nicotine products will be required to dispose of them upon check-in.
- e. <u>Alcohol</u>. Alcohol is prohibited on Brown Field. Candidates shall not consume any alcohol within 12 hours prior to reporting to OCS.
- f. Athletic Equipment. Personally procured pull-up bars and electronic recovery tools, such as massage devices, are not authorized for use on Brown Field. Non-electric recovery tools, such as lacrosse balls, Thera-canes, roller sticks, and recovery bands, are authorized for use while on Brown Field. However, these items will be turned into the contraband locker until induction into training. Foam rollers and recovery gear will be issued to each candidate during their first week of in-processing and will be available for their use during the training cycle. Braces, straps, and compression sleeves for athletic injuries/prevention are authorized, however these items must be inspected and cleared by medical staff during in-processing.
- g. <u>Personal Electronic Devices</u>. Candidates are not permitted to bring the following items: videogames, headphones, laptops, or items of similar nature to Brown Field. The only item authorized while at OCS is a personal cellphone, which will be secured in the contraband locker during training. OCS is not responsible for any unauthorized personal electronic devices.
- h. <u>Authorized Gloves</u>. Candidates are authorized to wear "M-Pact Covert" Mechanix gloves (all black) during training evolutions at OCS. Any other form of Mechanix gloves are not authorized for wear. (https://www.mechanix.com/us-en/tactical-and-military-gloves/MPT-55.html)
- 16. <u>Fraternization</u>. All officer candidates are expected to understand the Marine Corps and OCS policy regarding fraternization per references (g) and (h). Officer candidates intending to marry an enlisted member of the armed forces must inform their OSO, parent command, or NROTC unit prior to shipping. Furthermore, they must inform their OCS staff upon check-in. All officer candidates and OCS staff will maintain a strict formal military relationship.
- 17. <u>Pre-Ship Checklists</u>. In addition to medical records being shipped ahead of time, each officer candidate must complete enclosure (3) **30 days prior** to the candidate's arrival and **provide the completed checklist upon check-in**. OSOs, MOIs, and COs (for enlisted-to-officer candidates) must review enclosure (3) with each candidate. Enclosure (3) allows MCRC and OCS to properly flag any issues and allow time for corrections/follow-up.

- a. OCC officer candidates will complete enclosure (3) in its entirety with their respective OSOs, who will forward it via the chain of command to MCRC Officer Programs.
- b. NROTC/MECEP/ECP/RECP/MCP-R pre-ship checklists will be scanned and sent via email no later than 30 days prior to shipping to their respective program coordinators listed below.
- (1) NROTC: keauana.strowder@marines.usmc.mil or patrick.shirley@marines.usmc.mil.
 - (2) MECEP/ECP/RECP/MCP-R: troi.spencer@marines.usmc.mil.
- 18. For all questions concerning candidate information, please contact the OCS, Student Activities Section at 703-784-2531 or at ocs_csa@usmc.mil.

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IPAC OCS CANDIDATE SCREENING

| (L NAME, F NAME, MI): | | | | HAVE YOU PE | REVIOUSLY ATTEN | DED OCS? |
|------------------------------|--------------------|-------------|-----------------------|-----------------|-------------------|-----------|
| SSN: | | | | ١ | res / NO | |
| COMPANY: | PLT#: | | | COMMISSION | NING SOURCE (circ | cle one) |
| | OSO INFORM | IATION | | осс | OCC-R | |
| OSS LOCATION: | | | | PLC | PLC-R | |
| OSO NAME: | | | | МЕСЕР | ECP | МСР |
| OSO TELEPHONE NUMBER: | | | | OTHER: | | |
| CIRCLE IF APPLICABLE: CL | JRRENT USMC-R (SM | CR or IRR) | PRIOR USMC/USMCR | PRIOR U.S. M | ILITARY (OTHER T | HAN USMC) |
| DOCUMENTATION TURNED INT | TO OCS IPAC STAFF: | | | | | |
| FOR ALL (NON-ACTIVE DUTY |) OFFICER CANDID | ATES | PRIOR SERVIC | E ONLY | | |
| INITIAL IF SUBMITTED | YES | NO | INITIAL IF SUB | VIITTED: YES | N | О |
| 1) ORDERS TO OCS (OSO/TAD) | | | 1) CONDITIONA | L RELEASE | | |
| 2) ANNEX C (SVC AGREEMENT) | | | 2) DD 214 (ALL) | | | |
| 3) DD FORM 4 (CONTRACT) | | | 3) DD FORM 4 (| (ALL) | | |
| 4) DIRECT DEPOSIT FORM | | | 4) OTHER: | | | |
| 5) BLANK CHECK | | | 5) OTHER: | | | |
| 6) BIRTH CERTIFICATE | | | | | | |
| 7) SSN CARD | | | | | | |
| 8) COLLEGE TRANSCRIPTS | | | | | | |
| 9) PROOF OF RESIDENCE / LEAS | E | | | | | |
| FOR ALL OFFICER CANDIDAT | ES **WITH DEPEN | DENTS** (SU | BMIT ONLY LEGIBLE CER | RTIFIED TRUE CO | PIES TO IPAC) | |
| INITIAL IF SUBMITTED: | SPOUSE | CHILD 1 | CHILD 2 CHILD 3 CHILE | 0.4 | | |
| 1) MARRIAGE CERTIFICATE* | | | | _ | | |
| 2) BIRTH CERTIFICATE* | | | | | | |
| 3) SSN CARD* | | | | _ | | |
| 4) OTHER COURT DOCUMENTS* | k | | | | | |

* ORIGINAL DOCUMENTATION SHOULD <u>NOT</u> BE TURNED IN TO OCS IPAC STAFF! IF YOU ONLY HAVE ORIGINAL VERSIONS OF THESE VITAL DOCUMENTS, YOU <u>MUST</u> NOTIFY IPAC SO WE CAN MAKE COPIES AND RETURN YOUR ORIGINALS TO YOU!

CANDIDATE SIGNATURE:



OMB No. 1530-0006

DIRECT DEPOSIT SIGN-UP FORM

DIRECTIONS

SECTION 1 (TO BE COMPLETED BY PAYEE)

- To sign up for Direct Deposit, the payee is to read the back of this form and fill in the information requested in Sections 1 and 2. Then take or mail this form to the financial institution. The financial institution will verify the information in Sections 1 and 2, and will complete Section 3. The completed form will be returned to the Government agency identified below.
- A separate form must be completed for each type of payment to be sent by Direct Deposit.
- The claim number and type of payment are printed on Government checks. (See the sample check on the back of this form.) This information is also stated on beneficiary/annuitant award letters and other documents from the Government agency.
- Payees must keep the Government agency informed of any address changes in order to receive important information about benefits and to remain qualified for payments.

| Α | NAME OF PAYEE (last, first, middle initial) | | D TYI | PE OF DEPOSITOR A | ACCOUNT _ | CHECKING | SAVINGS |
|------------------|---|---|-----------|---|--------------------------------|----------------------------------|---|
| | ADDRESS (street, route, P.O. Box, APO/FPO) | | E DE | POSITOR ACCOUNT | NUMBER | | |
| | CITY STATE | ZIP CODE | | PE OF PAYMENT (Che | | I, Salary/Mil. Civ | ilian Pay |
| | TELEPHONE NUMBER AREA CODE | | Rail | plemental Security Incom road Retirement | Mil. | Active Retire. Survivor | - |
| В | NAME OF PERSON(S) ENTITLED TO PAYMEN | T | | Service Retirement (OP Compensation or Pension | n Oth | er (spe | _** |
| C | CLAIM OR PAYROLL ID NUMBER | | | S BOX FOR ALLOTM | ENT OF PAYM | MENT ONLY(# | applicable) |
| | Prefix Suffix | | TY | PE | | AMOUNT | - · · · · · · · · · · · · · · · · · · · |
| | PAYEE/JOINT PAYEE CERTIFICAT | TION | | JOINT ACCOU | NT HOLDERS' | CERTIFICAT | ION |
| rea my dep | rtify that I am entitled to the payment identified abd d and understood the back of this form. In signing payment to be sent to the financial institution nam sosited to the designated account. | this form, I authorize | | that I have read and ECIAL NOTICE TO JO | | | orm, including |
| SIG | NATURE | DATE | SIGNAT | URE | - | D/ | ATE |
| SIG | NATURE | DATE | SIGNAT | URE | | Di | ATE |
| | SECTION 2 (TO BE | COMPLETED BY | PAYE | OR FINANCIAL | INSTITUTIO | ON) | |
| GO | VERNMENT AGENCY NAME | | GOVER | NMENT AGENCY ADDR | ESS | | |
| | SECTION 3 (TO | O BE COMPLETE | D BY F | FINANCIAL INSTI | TUTION) | | |
| NAM | IE AND ADDRESS OF FINANCIAL INSTITUTION | | | ROUTING NUMBER | | | CHECK |
| | | | | DEPOSITOR ACCOUN | T TITLE | | |
| | | EINANCIAL INSTITUS | 1011 0= | PTIEICATION | | | - |
| l co | nfirm the identity of the above-named payee(s) an the financial institution agrees to receive and dep | FINANCIAL INSTITUT of the account number osit the payment ident | and title | . As representative of | the above-nare 31 CFR Parts | ned financial i 240, 209, and | nstitution, I certify 210. |
| PRI | NT OR TYPE REPRESENTATIVE'S NAME S | SIGNATURE OF REPRES | ENTATIV | Æ | TELEPHONE N | UMBER | DATE |

Financial institutions should refer to the GREEN BOOK for further instructions.

THE FINANCIAL INSTITUTION SHOULD MAIL THE COMPLETED FORM TO THE GOVERNMENT AGENCY IDENTIFIED ABOVE.



DIRECT DEPOSIT SIGN-UP FORM

DIRECTIONS

- To sign up for Direct Deposit, the payee is to read the back of this form and fill in the information requested in Sections 1 and 2. Then take or mail this form to the financial institution. The financial institution will verify the information in Sections 1 and 2, and will complete Section 3. The completed form will be returned to the Government agency identified below.
- A separate form must be completed for each type of payment to be sent by Direct Deposit.

 SECTION 1 (TO BE COMPLETED BY PAYEE)
- The claim number and type of payment are printed on Government checks. (See the sample check on the back of this form.) This information is also stated on beneficiary/annuitant award letters and other documents from the Government agency.
- Payees must keep the Government agency informed of any address changes in order to receive important information about benefits and to remain qualified for payments.

| A NAME OF PAYEE (last, first, middle initial) | | D TYPE OF DEPOSIT | OR ACCOUNT C | HECKING | SAVINGS |
|---|------------------------|--|-------------------|------------------|----------------|
| | | E DEPOSITOR ACCO | UNT NUMBER | | |
| ADDRESS (street, route, P.O. Box, APO/FPO) | | | | | |
| CITY STATE | ZIP CODE | F TYPE OF PAYMEN' Social Security | ` | lary/Mil. Civili | an Pay |
| TELEPHONE NUMBER AREA CODE | | Supplemental Security Railroad Retirement | Mil. Reti | ire. | |
| B NAME OF PERSON(S) ENTITLED TO PAYMEN | T | Civil Service Retirement VA Compensation or Po | · · · — | vivor (speci | fy) |
| C CLAIM OR PAYROLL ID NUMBER | | G THIS BOX FOR ALL | OTMENT OF PAYMEN | IT ONLY(if a | pplicable) |
| Prefix Suffix | | TYPE | A | MOUNT | |
| PAYEE/JOINT PAYEE CERTIFICA | TION | JOINT ACC | COUNT HOLDERS' CE | RTIFICATION | ON |
| I certify that I am entitled to the payment identified ab read and understood the back of this form. In signing my payment to be sent to the financial institution nam deposited to the designated account. | this form, I authorize | I certify that I have read the SPECIAL NOTICE 1 | | | m, including |
| SIGNATURE | DATE | SIGNATURE | | DA. | ΓE |
| SIGNATURE | DATE | SIGNATURE | | DA | ΓE |
| SECTION 2 (TO BE | COMPLETED BY | PAYEE OR FINANC | CIAL INSTITUTION, |) | |
| GOVERNMENT AGENCY NAME | | GOVERNMENT AGENCY | ADDRESS | | |
| SECTION 3 (7 | O BE COMPLETE | D BY FINANCIAL IN | ISTITUTION) | | |
| NAME AND ADDRESS OF FINANCIAL INSTITUTION | | ROUTING NUMB | ER | | CHECK DIGIT |
| | | DEPOSITOR ACC | COUNT TITLE | | |
| | | | | | |
| | FINANCIAL INSTITU | TION CERTIFICATION | | | <u></u> |
| I confirm the identity of the above-named payee(s) are that the financial institution agrees to receive and dep | | | | | |
| PRINT OR TYPE REPRESENTATIVE'S NAME | SIGNATURE OF REPRES | SENTATIVE | TELEPHONE NUMB | BER | DATE |

Financial institutions should refer to the GREEN BOOK for further instructions.
THE FINANCIAL INSTITUTION SHOULD MAIL THE COMPLETED FORM TO THE GOVERNMENT AGENCY IDENTIFIED ABOVE.



OMB No. 1530-0006

DIRECT DEPOSIT SIGN-UP FORM

DIRECTIONS

- To sign up for Direct Deposit, the payee is to read the back of this form and fill in the information requested in Sections 1 and 2. Then take or mail this form to the financial institution. The financial institution will verify the information in Sections 1 and 2, and will complete Section 3. The completed form will be returned to the Government agency identified below.
- A separate form must be completed for each type of payment to be sent by Direct Deposit.

 SECTION 1 (TO BE COMPLETED BY PAYEE)
- The claim number and type of payment are printed on Government checks. (See the sample check on the back of this form.) This information is also stated on beneficiary/annuitant award letters and other documents from the Government agency.
- Payees must keep the Government agency informed of any address changes in order to receive important information about benefits and to remain qualified for payments.

| A | NAME OF PAYEE (last, first, middle initial) | | D TYPE OF DEPOSITOR ACCOUNT CHECKING SAVINGS | | | | | |
|-----------|---|------------------------|--|-------------------------------------|-------------|-----------------------|----------------|--|
| | | | E DEPOSITO | R ACCOUNT | NUMBER | | | |
| | ADDRESS (street, route, P.O. Box, APO/FPO) | | | | | | | |
| | CITY STATE | ZIP CODE | F TYPE OF P | AYMENT (Che | | d. Salary/Mil. Ci | vilian Pay | |
| | TELEPHONE NUMBER AREA CODE | | Railroad Reti | | ☐ Mil. | . Active . Retire. | · | |
| В | NAME OF PERSON(S) ENTITLED TO PAYMENT | Г | | Retirement (OPI ation or Pensior | | | acify) | |
| С | CLAIM OR PAYROLL ID NUMBER | | G THIS BOX | OR ALLOTM | ENT OF PAYN | MENT ONLY(| f applicable) | |
| | | W | TYPE | | | AMOUNT | -2 | |
| | Prefix Suffix | | | | | | | |
| | PAYEE/JOINT PAYEE CERTIFICAT | ION | JC | INT ACCOUN | IT HOLDERS' | CERTIFICAT | FION | |
| rea my | rtify that I am entitled to the payment identified about and understood the back of this form. In signing payment to be sent to the financial institution name obsited to the designated account. | this form, I authorize | I certify that I hat the SPECIAL N | | | | | |
| SIG | NATURE | SIGNATURE | D | ATE | | | | |
| SIG | NATURE | DATE | SIGNATURE | ATE | | | | |
| | SECTION 2 (TO BE C | COMPLETED BY | PAYEE OR F | INANCIAL | INSTITUTION | ON) | | |
| GO | VERNMENT AGENCY NAME | | GOVERNMENT | GENCY ADDR | ESS | | | |
| | SECTION 3 (TO | BE COMPLETE | D BY FINAN | CIAL INSTI | TUTION) | | | |
| NAI | ME AND ADDRESS OF FINANCIAL INSTITUTION | | ROUTIN | IG NUMBER | | | CHECK DIGIT | |
| | | | DEPOS | ITOR ACCOUN | T TITLE | | | |
| | ı | FINANCIAL INSTITUT | TION CERTIFICA | TION | | | | |
| | nfirm the identity of the above-named payee(s) and the financial institution agrees to receive and depo | | | | | | | |
| PRI | NT OR TYPE REPRESENTATIVE'S NAME S | SENTATIVE | | TELEPHONE N | IUMBER | DATE | | |

Financial institutions should refer to the GREEN BOOK for further instructions.

THE FINANCIAL INSTITUTION SHOULD MAIL THE COMPLETED FORM TO THE GOVERNMENT AGENCY IDENTIFIED ABOVE.

BURDEN ESTIMATE STATEMENT

The estimated average burden associated with this collection of information is 10 minutes per respondent or recordkeeper, depending on individual circumstances. Comments concerning the accuracy of this burden estimates and suggestions for reducing this burden should be directed to the Bureau of the Fiscal Service, Forms Management Officer, Parkersburg, WV 26106-1328.

PRIVACY ACT NOTICE

Collection of the information in this Direct Deposit Sign-Up Form is authorized by 5 U.S.C. § 552a, 31 U.S.C. § 3332(g), and Executive Order 9397 (November 22, 1943). Your social security number and the other information requested will allow the Federal Government to process your direct deposit. Your social security number is requested to ensure the accurate identification and retention of records pertaining to you and to distinguish you from other recipients of federal payments. This information will be disclosed to the Department of the Treasury and its fiscal and financial agents, and other federal agencies, as necessary to process your direct deposit. This information may also be disclosed to a court, congressional committee or another government agency as authorized or required to verify your receipt of federal payments. Although providing the requested information is voluntary, your direct deposit cannot be processed without it.

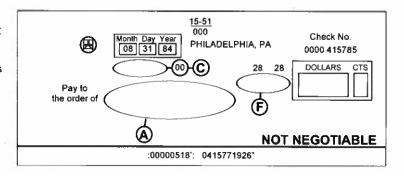
PLEASE READ THIS CAREFULLY

All information on this form, including the individual claim number, is required under 31 USC 3322, 31 CFR 209 and/ or 210. The information is confidential and is needed to prove entitlement to payments. The information will be used to process payment data from the Federal agency to the financial institution and/or its agent. Failure to provide the requested information may affect the processing of this form and may delay or prevent the receipt of payments through the Direct Deposit/Electronic Funds Transfer Program.

INFORMATION FOUND ON CHECKS

Most of the information needed to complete boxes A, C, and F in Section 1 is printed on your government check:

- Be sure that payee's name is written exactly as it appears on the check. Be sure current address is shown.
- C Claim numbers and suffixes are printed here on checks beneath the date for the type of payment shown here. Check the Green Book for the location of prefixes and suffixes for other types of payments.
- F Type of payment is printed to the left of the amount.



SPECIAL NOTICE TO JOINT ACCOUNT HOLDERS

Joint account holders should immediately advise both the Government agency and the financial institution of the death of a beneficiary. Funds deposited after the date of death or ineligibility, except for salary payments, are to be returned to the Government agency. The Government agency will then make a determination regarding survivor rights, calculate survivor benefit payments, if any, and begin payments.

CANCELLATION

The agreement represented by this authorization remains in effect until cancelled by the recipient by notice to the Federal agency or by the death or legal incapacity of the recipient. Upon cancellation by the recipient, the recipient should notify the receiving financial institution that he/she is doing so.

The agreement represented by this authorization may be cancelled by the financial institution by providing the recipient a written notice 30 days in advance of the cancellation date. The recipient must immediately advise the Federal agency if the authorization is cancelled by the financial institution. The financial institution cannot cancel the authorization by advice to the Government agency.

CHANGING RECEIVING FINANCIAL INSTITUTIONS

The payee's Direct Deposit will continue to be received by the selected financial institution until the Government agency is notified by the payee that the payee wishes to change the financial institution receiving the Direct Deposit. To effect this change, the payee will contact the paying agency with updated financial information. It is recommended that the payee maintain accounts at both financial institutions until the transaction is complete, i.e. after the new financial institution receives the payee's Direct Deposit payment.

FALSE STATEMENTS OR FRAUDULENT CLAIMS

Federal law provides a fine of not more than \$10,000 or imprisonment for not more than five (5) years or both for presenting a false statement or making a fraudulent claim.

| Candidate Name: (Last, First, MI) | OSO/MOI/OIC: |
|-----------------------------------|--------------|
| | |

Pre-ship Checklist (1 March 2024)

| Program (circle): | occ | PLC-Comb | PLC Jr | PLC Sr PL | C Law PLC- | R Dist | trict/RS/C | DSS: | |
|-------------------|--------|-------------|------------|-----------|--|------------|------------|----------------|-------------------|
| ECP | RECP | MCP-R | MECE | P NROT | C NROTC- | R Uni | it or NRO | TC: | |
| Note: PFT | must b | e within 45 | days of sl | | ored per the <u>a</u> I/OIC of this c | | | egory, and adn | ninistered by the |
| PFT Date: | | PFT | Score: | | | | | | <u> </u> |
| Pull-ups: | | (or) | Push-ups | : | Cano | idate Ht/\ | Wt/BF% [|)ate: | |
| Plank: | | _ 3 Mi | ile Run: _ | · | Ht: _ | \ | Wt: | Max Wt: _ | BF%: |
| | | | | | | | | | |

Instructions: This checklist must be filled out in person with the OSO/MOI/OIC.

- 1. Candidate: Answer questions 1-17 by placing your initials in the appropriate box.
- 2. OSO/MOI/OIC: Answer questions 18-32 with the candidate by placing your <u>initials</u> in the appropriate box.

| Yes | No | N/A | Questions |
|-----|----|-----|---|
| | | | 1. Do you possess a valid photo ID in order to travel to take to OCS? Beginning May 7, 2025, Real ID-compliant documentation will be required for boarding commercial flights, including domestic flights, entering federal buildings, and military bases. |
| | | | 2. Do you understand you must possess a debit or credit card with a minimum of \$378.00 for your initial small/large bag issue? If no, please explain. (Note: Additional items are available for purchase if desired; optional items may increase price up to \$550) |
| | | | 3. Is there anything which might prevent you from completing your minimum four-week contractual obligation at OCS? If yes, please explain. |
| | | | 4. Do you have any pending legal action against you (civil or criminal and including minor infractions)? To include court appearances before, during, or after reporting to OCS? If yes, please explain. |
| | | | 5. Have you used any drugs the Marine Corps deems illegal prior to, or during the application/selection process, which has not been properly documented in your paperwork? If you are not sure, ask your OSO/MOI/OIC. All drug use must be properly identified, explained, and documented. Warning: You will be taking a urinalysis upon your arrival at OCS; a positive urinalysis will disqualify you from the Marine Corps Officer Programs. |
| | | | 6. Have you informed your OSO/MOI/OIC of all minor and major law infractions? (regardless if the offense occurred when you were a minor and you were told the case has been sealed) |
| | | | 7. Have you informed your OSO/MOI/OIC about all paid/unpaid speeding tickets, moving violations, parking tickets, and any other infractions or fines you have ever incurred (including those on a college campus)? |
| | | | 8. Do you understand that, if you are in a relationship with an enlisted member of the Armed Forces of the United States of America and you are considering marriage, per paragraph 1100.6 of the Marine Corps Manual, the marriage must occur prior to accepting your commission? |
| | | | 9. If flying, do you have information regarding location and timeline to be at the Historic Lobby (not the USO) in Ronald Reagan Washington National Airport (DCA) to be transported by OCS personnel? |
| | | | 10. If you are a college graduate, do you understand that you must bring a certified copy of your transcripts which state that degree requirements have been met? |
| | | | 11. Do you have any reoccurring injuries, injuries which may impact your ability to train at OCS, or medical history that you have not disclosed? If yes, please explain. |
| Yes | No | N/A | OCC & E-O Candidates Only |
| | | | 12. If driving, do you have directions to OCS? |

| Candidate Name: (Last, First, MI) | OSO/MOI/OIC: |
|-----------------------------------|--------------|
| | |

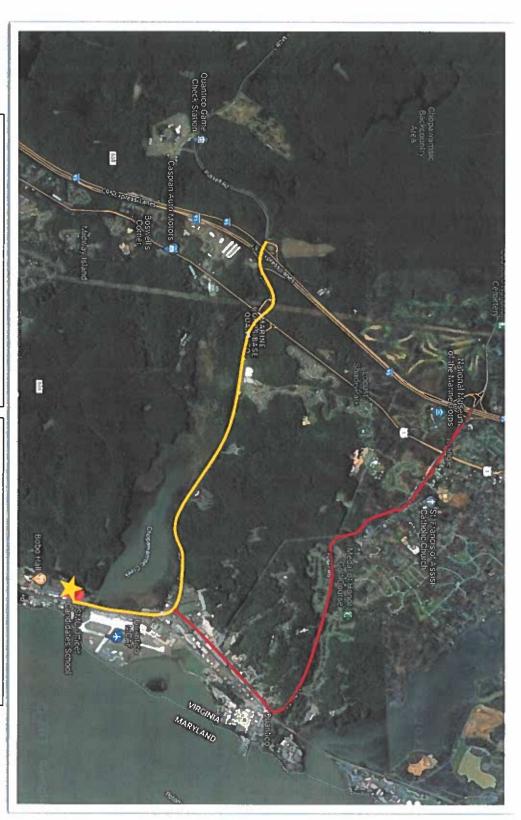
| Yes | No | N/A | Returning PLC Seniors Only 17. Do you have all issued uniform items to bring with you to OCS? |
|-----|----|-----|---|
| | , | | 16. Do you possess the required serviceable uniforms per the OCS 60-day Preparation Letter? (Note Nametapes must be removed) |
| | | | 15. If you have recently deployed, have you completed your 30, 60, and 90 day Post-Deployment Health Assessment per MARADMIN 112/07? |
| | | | 14. Have you recently deployed? |
| Yes | No | N/A | E-O Candidates & Drilling Reservists Only |
| | | | 13. If driving, do you possess a valid driver's license, registration, auto insurance, and POV inspection checklist completed by your OSO or OIC? |

This section must be completed, with each question initialed, by the OSO, MOI, or OIC.

| Yes | No | N/A | Questions |
|-----|----|-----|--|
| | | | 18. Does the candidate meet height/weight/body fat standards in accordance with MCO 6110.3A? |
| | | | 19. Have you instructed the candidate on proper civilian attire for checking in to OCS? |
| | | | 20. Does the candidate have a copy of his/her orders for reporting to OCS? |
| | | | 21. Have you provided your phone number and OCS duty phone number to the candidate? If no, ensure this information is provided by shipping day per 60-day Preparation Letter. |
| | | | 22. Have you informed the candidate that he/she must bring a completed direct deposit form (SF 1199A-20) and voided check with him/her to OCS? |
| | | | 23. Have you made the candidate aware that, if he/she has not been 100% truthful in their application, during their subsequent selection, and induction at OCS, they will be sent home from OCS, and may be found unfit to return? |
| | | | 24. Has the candidate been briefed that, if there are any changes in their status (medical, moral, or otherwise), he/she must notify their OSO/MOI/OIC immediately? And, that he/she is not authorized to report to OCS with any unresolved medical or moral issues? |
| | | | 25. Have you initiated the candidate's OPM case? What is the OPM case number? If not, please explain. *Note: IAW Frost Call 02-21 all PLC Senior, PLC Combined, PLC Law and OCC shippers are required to report with the OST Security Letter as explained in Frost Call showing the SF-86 T3/T3R investigation has been received, scheduled or closed. (Not required for NROTC or enlisted-to-officer candidates with active security clearances). Does the candidate have an open investigation? Yes |
| | | | If not, Why? Explain |
| | | | Case #: 26. If the candidate is a drilling reservist, have you provided the candidate's transfer orders to OCS to the candidate's I&I unit? If not, please explain. If possible, please provide the Unit Diary # (or future Unit Diary #) and anticipated transfer date. |
| ĺ | | | Unit Admin POC/ Phone # Transfer Date: Unit Diary #: |
| | | | Transfer Date: Unit Diary #: |
| | | | 27. If the candidate was a member of a different service, has the OST received the appropriate release of service documents which allow the candidate to be contracted into the Marine Corps and ship to OCS? (e.g. DD 214 or DD 368) |
| | | | 28. Has the candidate experienced any changes in health, to include doctor visits, hospital stays, and/or surgery since his/her initial physical? |

| Candidate Name: (Last, First, MI) | | OSO/MOI/OIC: |
|--|--|---|
| | | ounter medication and/or prescribed narcotics for any chronic al? (All changes are required to be submitted to the district |
| | | 3/107 (NROTC units), and PHAs (Selected Reserve & E-O ty since the original physical exam not exceeding a total of ninistered within one year) |
| | 31. Has the candidate utilized the OCS https://www.ocs.marines.mil/ | physical fitness preparation guide from the OCS website? |
| | vegan)? The candidate is required to be Religious Practices policy in accordance | us dietary restrictions (e.g. kosher, halal, vegetarian, or briefed on the on the Marine Corps Accommodation of with MCO 1730.9. All requests must be submitted in writing andidates School no later 30 days prior to shipping. |
| <u>Certification</u> This Pre-Ship Checklist <u>qualified to attend to C</u> | | and interviewing officer's knowledge. The officer candidate is |
| Candidate's Signature: | | Date: |
| Print Name: | | |
| OSO/MOI/OIC Signatur | 2: | Date: |
| Print Name: | | |

Map to Officer Candidates School



OCS Address

2189 North Elrod Avenue

Quantico, Va 22134

OCS OOD: 540-419-5210

OCS CSA: 571-481-8952

(Yellow Route)

Enter MCB Quantico via Russell Road Follow Russell Road and take the first

exit at the roundabout (Dunlap Road)

Turn right at the stop sign onto Range

Follow Range Road into Bauer Road

Turn right into OCS

Enter MCB Quantico via Fuller Road (Red Route)

Follow Fuller Road into Barnett Avenue

Turn left on Range Road

Follow Range Road into Bauer Road

Turn right into OCS

Legend

Officer Candidates School Primary Route Alternate Route



Required Gear List (All Components)

1. All officer candidates, regardless of program, are required to arrive at OCS with the items listed in the table below. All items in the table below, regardless of component, must fit in a carry-on sized bag:

| Item | Qty |
|---|------------------------------|
| Business casual collared shirt/ equivalent blouse | 2 (1 worn) |
| Undershirt (white) | 2 (1 worn) |
| Undershirt (gray) | 1 |
| Black PT shorts (5" minimum inseam) | i |
| White Ankle Socks (no visible marking) | 5 |
| Business Casual Trousers (no denim jeans) | 1 worn |
| Belt (if trousers have belt loops) | l (worn) |
| Business casual shoes (no ballet slippers, tennis shoes, boots or heels) | 1 pair (worn) |
| Underwear (compression shorts are authorized but must not extend below the length of issued PT shorts) | 6 |
| Running Shoes (no older than three months and have less than 100 miles of wear) | 2 pairs |
| Eyeglasses (contact lenses are not authorized at any time at OCS) | 1 pair (2 pairs recommended) |
| Eyeglass strap (black color only) | 2 |
| Basic Toiletries (must be placed in zip lock bag's) | 2 weeks worth |
| Towel (plain white) | 1 |
| Shower shoes (flip flop style, black) / (slides, crocs etc. are not authorized) | 1 pair |
| Watch (water resistant/rugged/black, coyote tan, or olive drab green. Smart watches are not authorized) | 1 |
| Marine Corps Issue Combat Boot **Optional** | 1 pair |

- a. <u>Running Shoes</u>. Officer candidates must bring serviceable running shoes that are easily accessible upon arrival at OCS. It is recommended that running shoes are no older than three months and have less than 100 miles of wear. Candidates are encouraged to bring two pairs of running shoes that are not carbon plated. Minimalist running shoes that accommodate all toes in one compartment are authorized; however, finger-toe shoes that separate toes into compartments are not authorized.
- b. <u>Physical Training (PT) Gear</u>. Officer candidates must bring one set of PT gear consisting of one plain gray crew neck tee shirt, appropriate length black shorts (non-spandex; inseam greater than 5"), and white ankle socks for use during in-processing. PT shorts will be worn during medical screening. The shirt and shorts must be free of writing or images. A small name brand is authorized.
- c. <u>Toiletries</u>. Officer candidates will only bring enough basic overnight toiletry items (razors, shaving cream, soap, shampoo, deodorant, toothbrush, toothpaste, necessary hair products) to last the two weeks of training until they make their initial exchange visit. Candidates susceptible to psuedofolliculitis are authorized to bring an electric razor; however, they must receive authorization from OCS medical staff in order to use it. Candidates will receive a standard issue hygiene bag upon arrival to OCS.
- d. <u>Boots</u>. Prior service members are not required to purchase ICB or jungle boots even if they do not currently own them. However, they will be required to bring two sets of issued boots (not steel toe) to train with at OCS. OCS will issue Marine Corps combat boots (cold weather and jungle) to all candidates who are not prior service or NROTC. All officer candidates may bring one pair of additional USMC regulation boots to OCS (for a total of three when included with the required/issued pairs). Officer candidates who wish to bring a third pair of boots are encouraged to purchase USMC regulation boots prior to arrival at OCS. Multiple pairs of boots allow candidates to have an inspection pair and a daily-use pair simultaneously. Officer candidates are encouraged to review paragraph 3012 of reference (a) for boot regulations. Further guidance on boot fitting can be found on the OCS website.

e. Watches. Candidates are only authorized to bring a non-smart digital watch. Examples are a Casio G-Shock or Timex Ironman. Smartwatches are not authorized. A smartwatch is defined as any watch that has wireless communication capabilities, such as Bluetooth, Wi-Fi, GPS, or the ability to sync data (e.g., Apple Watch, Fitbits, Garmin etc.).

Special Gear List: Enlisted to Officer

1. In addition to the gear listed in Enclosure (5), all current active and reserve Marines, to include IRR Marines within 90 days of their end of active service (EAS), are required to bring the items in the table below. These items must fit in an issued sea bag. Prior enlisted Candidates who will hand-carry their Service "A" uniform are authorized to bring an additional garment bag.

| Item | Qty |
|--|-----------|
| Blouse, MARPAT, Woodland | Minimum 2 |
| Trousers, MARPAT, Woodland | Minimum 2 |
| Blouse, MARPAT, Desert | Minimum 2 |
| Trousers, MARPAT, Desert | Minimum 2 |
| Service "A" (full uniform to include ribbons and badges) | 1 |
| 8-Point Cover, MARPAT, Woodland | 2 |
| 8-Point Cover, MARPAT, Desert | 2 |
| Boonie Cover, MARPAT, Desert | 1 |
| Hot Weather Combat Boots (Jungle) | 1 |
| Infantry Combat Boots (ICB) | 1 |
| Sea Bag | 1 |
| Web Belt | 2 |
| Web Belt Buckle | 2 |
| Green PT Sweat Top | 1 |
| Green PT Sweat Bottom | 1 |
| PT Shorts (silkies are not authorized) | 2 |
| Green Skivvy Shirts | 6 |
| Boot Socks (brown color only) | 6 |

- a. Additional Uniforms. Upon arrival, two additional sets of Woodland MARPAT uniforms will be issued, at no cost, to those Marines who are still on active or Selected Reserve status. All uniform items must be serviceable in accordance with reference (a). Uniforms deemed unserviceable will be replaced at the Marine's expense. Prior enlisted Marines must remove name tapes upon induction into training. Prior enlisted Marines will not receive a new issue of boots. IRR Marines who do not possess these uniform items will purchase them at Cash Sales.
- b. <u>Full Uniform Issue</u>. IRR Marines who are 90 or more days past their EAS will receive a full uniform issue. The officer candidate must inform their receiving staff if they possess these items prior to uniform issue to prevent double issue or the purchasing of surplus uniform items.
- c. <u>Service "A" Uniforms</u>. Prior enlisted officer candidates earning their commission upon graduation will have the option to convert their Service "A" uniform from enlisted to officer, or to purchase a new uniform. Only those candidates who wish to convert their Service "A" uniform are required to bring them.



Special Gear List: Naval Reserve Officer Training Corps (NROTC) Candidates

1. NROTC students are required to bring the items in the table below in addition to the items in Enclosure (5). If midshipmen have not received these items, a roster from each unit is required to be provided to the MCRC LNO no later than 19 April 2024. If they have not received the below items prior to arriving, NROTC students will receive them in their initial issue at OCS. The below listed items must fit in an issued sea bag.

| Item | Qty |
|--|-----|
| Blouse, MARPAT, Woodland | 2 |
| Trousers, MARPAT, Woodland | 2 |
| Blouse, MARPAT, Desert | 2 |
| Trousers, MARPAT, Desert | 2 |
| 8-Point Cover, MARPAT, Woodland | 2 |
| 8-Point Cover, MARPAT, Desert | 2 |
| Boonie Cover, MARPAT, Desert | 1 |
| Hot Weather Combat Boots (Jungle) | 1 |
| Infantry Combat Boots (ICB) | 1 |
| Sea Bag | 1 |
| Web Belt | 2 |
| Web Belt Buckle | 2 |
| Green PT Sweat Top | 1 |
| Green PT Sweat Bottom | 1 |
| PT Shorts (not silkies) | 2 |
| Green Skivvy Shirts (3 can be synthetic) | 6 |
| Boot Socks (brown color only) | 6 |

Suggested Gear List: Additional Products Recommended for Female Candidates

1. In addition to the gear listed in Enclosure (5), the table below provides additional gear and toiletry products for female candidates. While these items are suggested, they are not mandatory for training.

| Item | Qty |
|---|---------------|
| Recommended non-damaging hair products: | |
| 1. ECO Style Hair Gel | |
| 2. Shea Moisture Defining Styling Gel | 2 (If needed) |
| 3. Wet Line Xtreme Hairstyling Gel | |
| Inconspicuous hair pins | As needed |
| Inconspicuous bobby pins | 1 pack |
| Sports Bra (Black or neutral in color) | 6 |
| Feminine products | As needed |

- a. <u>Hair Products</u>. The table above lists three recommended hair products for females. However, candidates are encouraged to use products that are suitable for their hairstyle. Furthermore, these products must promote a neat and professional look with a clear and dry finish.
- b. Sports Bra's. Female candidates must bring sports bra's that will provide adequate support during training at OCS. Sports Bra's will be black or neutral in color.
- a. <u>Feminine Products</u>. It is encouraged that female candidates bring feminine products (as needed) that will last approximately two weeks until the first PX call.